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This series is intended for Dentists, Nurses, Nurse Practitioners, Physicians, Physician Assistants, Psychologists, and Social Workers.

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# Making connections to SNAP, WIC and More!

Sarah Kuhns
Advocacy and Engagement Manager
Ohio Association of Foodbanks
January 30, 2025



















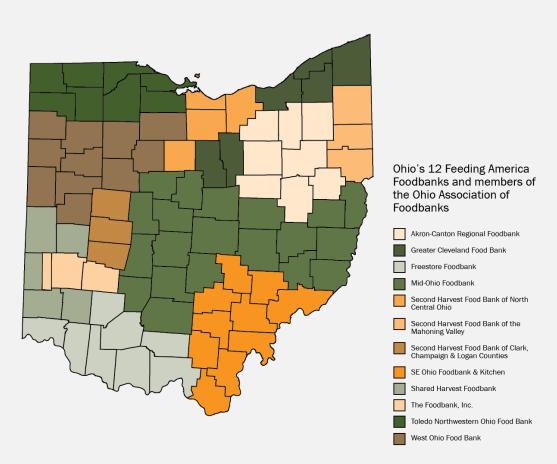






Ohio's largest charitable response to hunger, representing
Ohio's 12 Feeding America foodbanks
and 3,600 member
agencies

## Ohio Association of Foodbanks



The Ohio Association of Foodbanks assists Ohio's 12 Feeding America foodbanks and ~3,600 partner agencies in providing food and other resources to people in need and pursues areas of common interest for the benefit of people in need.

#### **Our primary functions include:**

- Food sourcing (state contracts)
- Public policy, advocacy and government relations at the state and federal levels
- Leveraging and stewarding other resources to support efforts to address hunger and its root causes (SNAP outreach, AmeriCorps, health care enrollment programs, food as medicine, etc.)
- Shared services, technical assistance, convener, and collective voice for membership



# The association's External Affairs Team



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# Level Setting - State of Hunger

Overview of the state of the charitable food network

Feb-25

# We just broke ANOTHER statewide quarterly record for duplicated food pantry visits

- 4,138,912 total food pantry visits (1,464,981 households) from July 1, 2024 to September 30, 2024
  - Up ~7.5% from the previous quarter (SFY 2024 Q4) 3,853,458 food pantry visits (1,375,933 households) and from the same quarter a year prior (SFY 2024 Q1) - 3,848,345 food pantry visits (1,347,254 households)
  - Up ~60% from 2020-2022
  - Up ~78% from 2016-2019
- We provided take-home groceries more times in the first 9 months of this calendar year than we did in any other full year prior to 2023



# We don't have enough food to keep up

- From 2016 to 2019, we were providing about 6 to 6.5 days of food per food pantry visitor (based on 1.2 pounds per meal).
- This amount climbed to nearly 8 days of food per food pantry visitor in 2021.
- In 2022, it was back under 7 days of food per food pantry visitor.
- By 2023, we provided just 5.3 days worth of food per food pantry visitor statewide.
- So far in 2024, we have averaged 5.1 days worth of food per food pantry visitor statewide through September 30.



### TRADEOFFS AND COPING STRATEGIES

AT SOM



CHOSE

AFFORDIN FOOD **OR** 

AFFORDIN

UTILITIES

MORTGAGE

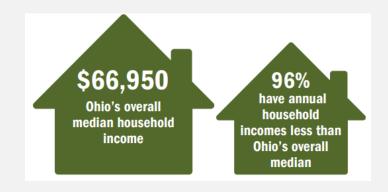
CA

EDUCATIONAL

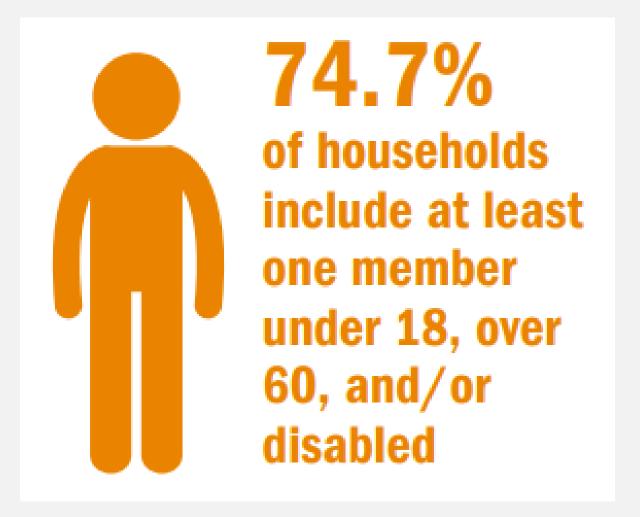
From April 15 to May 12, 2024, we anonymously surveyed 2,300 foodbank neighbors from across Ohio who answered questions about themselves, their households, the circumstances that led them to seek help from the emergency hunger relief network, and their experience.















57.4% of neighbors visiting Ohio food pantries said they are not currently receiving SNAP benefits.

Of those receiving SNAP benefits, 64.3% exhaust SNAP benefits in two weeks and a third (33.1 percent) reported their benefits last just one week or less.

# THREE OUT OF FIVE (59.3%) OF FOOD PANTRY VISITORS REPORT THAT AT LEAST ONE MEMBER OF THEIR HOUSEHOLD HAS A CHRONIC CONDITION,

INCLUDING 42.9% WITH A DIET-RELATED CONDITION.

#### **LASTING IMPACTS: HOUSEHOLD HEALTH STATUS**



34.4% **HAVE AT LEAST ONE MEMBER** WHO IS **DISABLED** 



24.4% **HAVE AT LEAST ONE MEMBER** WITH DIABETES



34.6% **HAVE AT LEAST ONE MEMBER** WITH HIGH BLOOD PRESSURE/ **HYPERTENSION** 



**12.3% HAVE AT LEAST** ONE MEMBER WITH HEART



23.9% **HAVE AT LEAST** ONE MEMBER THAT STRUGGLES WITH **DISEASE/STROKE MENTAL HEALTH** OR MENTAL

**ILLNESS** 

THE REALITY: MAKING TOUGH CHOICES



MORE THAN ONE IN TEN (10.2%)
OF FOOD PANTRY VISITORS REPORT
THAT THEY ARE UNINSURED, A
ROUGHLY 50% HIGHER UNINSURED
RATE THAN OHIO'S OVERALL
POPULATION.

Accessing nourishing food is an important factor for many neighbors seeking food assistance from the Ohio Association of Foodbanks network. Forty-two percent said that one of the most important things to them about their food pantry experience was having foods that support good health.

MORE THAN HALF (57.8%) OF **FOOD PANTRY VISITORS REPORTED** THAT THEY WERE FORCED TO **CHOOSE BETWEEN AFFORDING FOOD OR AFFORDING MEDICINE** OR MEDICAL CARE, INCLUDING 25.6% THAT REPORTED DOING SO **EVERY MONTH OR ALMOST EVERY** MONTH OVER THE LAST YEAR.



### TRADEOFFS AND COPING STRATEGIES

### AT SOME POINT IN THE PAST YEAR:



**65.2**%

CHOSE BETWEEN AFFORDING FOOD OR AFFORDING UTILITIES



49.5%

CHOSE
BETWEEN
AFFORDING
FOOD OR
AFFORDING
RENT OR
MORTGAGE



**72.5**%

CHOSE BETWEEN
AFFORDING FOOD
OR AFFORDING
TRANSPORTATION
OR GAS FOR THEIR
CAR



**23.3**%

CHOSE BETWEEN AFFORDING

FOOD OR

AFFORDING EDUCATIONAL EXPENSES



14.9%

CHOSE

BETWEEN AFFORDING

F00D **OR** 

AFFORDING CHILD CARE





NEARLY TWO-THIRDS (65.2%) OF OHIO ASSOCIATION OF FOODBANKS' NEIGHBOR HOUSEHOLDS REPORTED THAT THE ADULTS IN THEIR HOUSEHOLDS SKIPPED MEALS IN THE PAST YEAR BECAUSE THEY DID NOT HAVE ENOUGH FOOD,

INCLUDING MORE THAN A THIRD (34.9%) THAT REPORTED DOING SO EVERY MONTH OR ALMOST EVERY MONTH OVER THE PAST YEAR.



### **FUTURE NEED FOR HELP WITH FOOD**

On average, Ohio Association of Foodbanks neighbor households

REPORT THAT THEY VISITED AN EMERGENCY FOOD PANTRY OR OTHER CHARITABLE HUNGER RELIEF PROGRAM ABOUT 5 TIMES IN THE PAST YEAR.

Older adult households and households with chronic conditions visited more frequently on average.

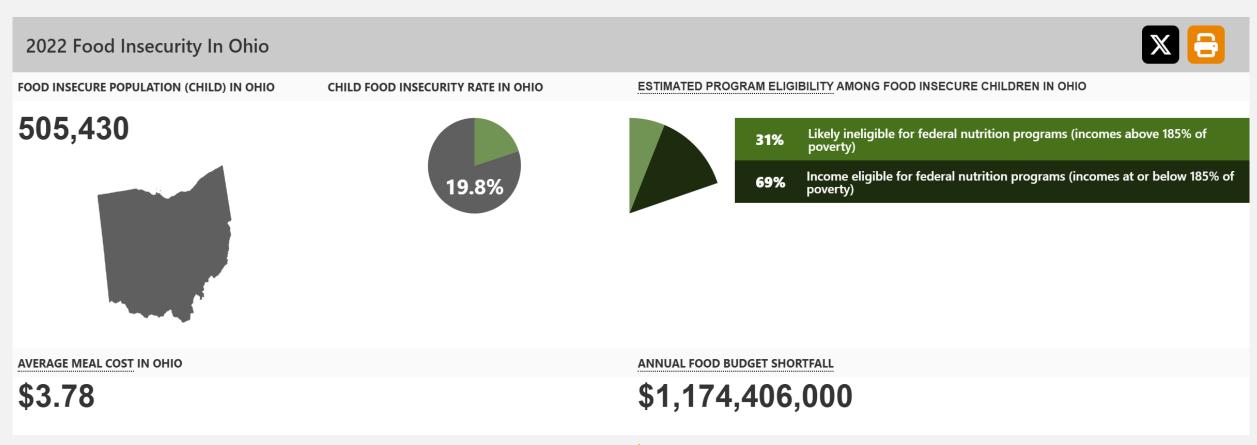
When asked about how often they expect to need to seek help with food from charitable hunger relief programs in the next 12 months,

## ALMOST ALL (89.6%) SAID THEY WOULD NEED HELP AS OFTEN OR MORE OFTEN THAN IN THE PAST 12 MONTHS,

including a third (33.7) percent that said they would need help more often. Just 10.4 percent said they would need help less often in the next 12 months.



# Child Food Insecurity (Map the Meal Gap Data)



# Where would I find data to understand the impacts of poverty on children?

- OAF county level fact sheets coming soon!
- OACA 2024 State of Poverty in Ohio report
- <u>Feeding America Map the Meal Gap</u> has child food insecurity specific data
- Ohio Public Assistance Monthly Statistics (PAMS), though delayed, has OWF and SNAP data broken down by children and adults
- <u>USDA reports</u> is where we learn about WIC participation, for example



# **SNAP 101**

Most critical anti-hunger program

# SNAP 101: Most Critical Anti-Hunger Program

- Supplemental Nutrition Assistance Program
  - Food stamps, EBT, nutrition/food assistance
- As of December 2024, Ohio's statewide SNAP caseload consists of 1,480,997 individuals in 689,000 households
- As of September 2024, Ohio's statewide SNAP caseload consists of 781,920 adults and 551,200 children
- SNAP beneficiaries are in every county, every district in the state





# WHERE Can You Buy With SNAP?



- Most grocery, big-box and convenience stores accept SNAP EBT payments
  - Ohio does not participate in USDA's "restaurant meals" program which allows older adults and unhoused individuals to utilize SNAP at participating restaurants
  - USDA's SNAP Retailer Locater: <u>https://www.fns.usda.gov/snap/ret</u> ailer-locator
- USDA's Online Purchasing Hub which is updated when new retailers come on: <a href="https://www.fns.usda.gov/snap/online-purchasing-pilot">https://www.fns.usda.gov/snap/online-purchasing-pilot</a>



# WHAT Can You Buy With SNAP?

- Most human-grade household foods\* such as
  - Fruits and vegetables
  - Meat, poultry, fish
  - Dairy products
  - Breads and cereals
  - Water, juice, soda
  - Snack foods
  - Seeds and plants



\*Cannot currently purchase any hot or prepared food items i.e. pre-made subs, rotisserie chicken, salad bar etc.



# **SNAP: Who Qualifies in Ohio?**

- Generally, working adults and families whose:
  - Gross monthly income at or below 200% of the Federal Poverty Line (FPL)
  - Certain non-citizen groups including refugees and asylees
    - Includes Cuban and Haitian entrants and Iraqi and Afghan special immigrants
- Low-income college students

Household Size	200% FPL	Household Size	200% FPL	Household Size	200% FPL
1	\$2,510	4	\$5,200	7	\$7,890
2	\$3,408	5	\$6,098	8	\$8,788
3	\$4,304	6	\$6,994	Each addt'l	+ \$898

These income limits are higher for elderly or disabled household groups.

# **SNAP Benefit Eligibility & Calculation 101**

- Able-bodied-adults-without-dependents (ABAWDs) are work required to stay on the SNAP program
- To be eligible for SNAP, applicants must meet TWO separate income tests
  - Gross monthly income = total take home pay/month
    - States have flexibility can choose between 130%-200% of the FPL
  - Net monthly income = total take home AFTER deductions applied
    - SNAP deductions include: child/adult care, a percentage of your earned income if working, a percentage of shelter/utility costs, a percentage of monthly medical expenses (older adults only)
      - Does not consider general household expenses associated with transportation, education, debt payments including student loans and other expenses associated with meeting basic needs
    - Must be at or below 100% of the federal poverty level. States have no flexibility



# **Benefit Calculation**

#### TABLE 1

#### **SNAP Benefits by Household Size**

Household Size	Maximum Monthly Benefit, Fiscal Year 2025	Estimated Average Monthly Benefit, Fiscal Year 2025*
1	\$292	\$199
2	\$536	\$364
3	\$768	\$594
4	\$975	\$726
5	\$1,158	\$845
6	\$1,390	\$1,018
7	\$1,536	\$1,116
8	\$1,756	\$1,317
Each additional person	\$220	



# Who doesn't qualify?

- Individuals who are on strike
- All people without documented immigration status
- Certain immigrants who are lawfully present
- Most adults between 18-54 who are not working and do not have children in the home and who do not have disabilities



# How does SNAP Work in Ohio?

- County administered, state overseen
  - Ohio is only one of nine county administered states
    - This means that county agencies (governments) have much more control over the operation of the program which can lead to differences for how the program works in one county to the next
    - E.g. some county JFS offices are open to the public, some remain closed. Some allow walk in appointments, some do not
- Application > interview > benefits determination
- Most households on a 12-month recertification, 6-month interim report schedule



# Other Benefits of SNAP!



#### OHIO MORE WAYS SNAP CAN HELP YOU!

ASSOCIATION OF Click each graphic below to learn more.



#### **SAVES YOU MONEY**

Along with the SNAP dollars you'll get for food, you could save hundred of dollars a year in additional benefits (listed below) that come with being a SNAP participant.



#### FREE CELL PHONE

The Lifeline Program helps to lower your phone bill and can provide you with a free cell phone.



#### **FARMERS MARKETS**

Produce Perks stretch your SNAP to afford more fresh foods at some local farmers markets.



#### **SNAP FOR CULTURE**

The Museums for All program provides discounted entry to attractions including the Rock & Roll Hall of Fame, COSI, Cincinnati Museum Center, and many zoos & museums.



#### FREE SCHOOL MEALS **AND SUN BUCKS**

Students receiving SNAP qualify for free school meals and SUN bucks, a new Summer EBT program!



#### **ELIGIBLE FOR HEAP**

 The Home Energy Assistance Program (HEAP) is a federally funded program that provides eligible Ohioans assistance with their home energy bills.



#### **ELIGIBLE FOR WIC**

If you qualify for SNAP and are pregnant breast feeding or have a child under age 5. you may be eligible for WIC nutrition benefits without extra income verification. You can also apply for WIC even if you don't



#### **PUBLIC** TRANSPORTATION. MEMBERSHIPS, & MORE

Check with your local public transit authority for available savings! You can also get discounts to memberships like Amazon Prime



#### FREE EMPLOYMENT & **TRAINING**

**SNAP E&T allows individuals receiving** SNAP the opportunity to gain skills, training, or work experience that will increase their ability to obtain employment and ultimately become more self-sufficient.



#### SNAP-ED COURSES

SNAP recipients can participate in evidence-based programming that help make their SNAP dollars stretch further! + Learn tools like how to shop and cook healthy meals.

This project has been funded at least in part with federal funds from the U.S. Department of Agriculture. The contents of this publication do not necessarily reflect the views or policies of the U.S. Department of Aericulture our does mention of trade names, commercial anniuros, or organizations imply endorsement by the U.S. Government.



## What is SNAP Outreach?



- SNAP Outreach is a United States
   Department of Agriculture Food and
   Nutrition Service (USDA FNS) program
   where state's work with agencies to
   provide low-income individuals free and
   unbiased education and assistance in
   applying for SNAP benefits
- Our application assistors also help direct neighbors to other benefits and resources they are likely eligible for, i.e. WIC, HEAP, PIPP, Summer EBT, housing, health care navigation and more



# Why is application assistance necessary?

- The reality is, benefits navigation is difficult!
- Some individuals just need help understanding their rights and the process, others help uploading documents and others with more complex cases (mixed-status households, translation services etc.) and everything in between



# **Get Connected Today!**



#### Learn more about using SNAP

**Frequently Asked Questions** 

#### Q: How will I access my SNAP benefits?

SNAP Benefits will be loaded onto an Electronic Benefit Transfer (EBT) card, similar to a typical debit card or credit card. In Ohio, this is called an Ohio Direction Card.



#### O: Who can use my EBT card?

Everyone who lives with you and caregivers who shop for you can also use your EBT card to buy food. if you share your PIN with them. Your PIN protects your benefits, so only share it with people you trust who are shopping for your household.

#### O: How do I check the balance of my EBT card?

- Looking at the balance printed on your most recent grocery store receipt.
- Calling EBT customer service at (866) 386-3071.
- . Downloading the "Connect EBT" app or the "Propel" app on your smartphone





#### 0: How often will I receive SNAP benefits?

Each month, your benefit amount is deposited onto your EBT card. Since your EBT card is the only way to get your SNAP benefits, we recommend keeping it in a safe place

#### O: Do SNAP benefits run out each month? And do they stay on your EBT card?

Your SNAP dollars do not expire if you don't spend them all in the same month. Any leftover SNAP dollars will be kept on your EBT card and will be there until you're ready to spend them. However, if you don't use them for a period of 9 months, the benefits will be removed from your EBT account.

. Even if you stop getting SNAP benefits, you can still spend any funds left on your EBT card after your SNAP case

#### Q: What can I buy using my SNAP benefits?

- Meat, poultry, and
- Fruits and vegetables
   Other foods such as snack foods and non-alcoholic
  - beverages; and
     Seeds and plants, which produce food for the sehold to eat.

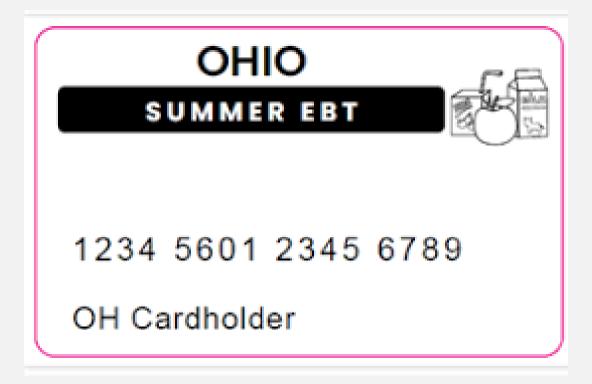






## What is Summer EBT?

- S-EBT is a new permanent program which provides eligible children with Supplemental Nutrition Assistance Program (SNAP) benefits during the summer to help close the hunger gap when children are on summer break and not receiving school meals
- S-EBT benefits are placed on a card (similar to PEBT) that can be used in the same way as traditional EBT cards – at SNAP authorized retailers, online and grocery delivery and participating farmer's markets
- Students receiving S-EBT benefits CAN take advantage of other summer feeding options as available





## Summer EBT = SUN Bucks

- USDA has named and branded the new Summer EBT program as SUN Bucks. Important for advocates to know that SUN bucks are synonymous with Summer EBT and vice versa
- General outreach toolkit, including customizable materials from USDA can be found here:
  - https://www.fns.usda.gov/sebt/outreach-toolkit
    - Really good stuff here like phone script, text messages, talking points about summer hunger and more!
    - 2025 Ohio specific materials to come in early spring!



# Summer EBT 101

First new federal nutrition program in 50 years!!!!!!

## Summer EBT benefit issuance

- In summer 2024, there was one issuance in the amount of \$120
  - \$40 for each month of summer issued at one time
    - This number is likely to change each summer as benefits will be adjusted to inflation
    - Served 1.2 million Ohio school children!
  - Benefits must be spent within 122 days of issuance
- S-EBT benefits will begin being processed in mid-June
  - Not all students will receive their benefits on the same day!
- Final benefits distributed by end of September, even if eligible cannot access benefit after this.

#### How will S-EBT be issued?

Households <u>currently</u> receiving  SNAP benefits:	S-EBT benefits for each child in the household will be issued on the family's existing Ohio Direction Card
Households <u>not</u> <u>currently</u> receiving SNAP benefits:	A new S-EBT card will be mailed for each child eligible to receive S-EBT benefits in the household in child's name

# Summer 2024 automatic eligibility

- ALL students (including graduating seniors) ages 5-18 that have participated in SNAP from July 1, 2023 – August 23, 2024
- ALL students of the same age and time frame that have participated in Ohio Works First (OWF/TANF)
- Ohio Dept. of Medicaid will share <u>all</u> children participating in Medicaid <u>that meet the free & reduced-price (F/RP) lunch</u> <u>threshold</u> during the same time frame
  - Ohio Medicaid/CHIP goes up to 206% for children, f/rp threshold is only 185%
- Schools participating in the NSLP or the SBP will share their current year f/rp certified students with applications on file



# What's with all the underlining?

- If the school has fully virtual/online students with no access to the meal program(s), the school will not submit those students
  - The students WILL receive Summer-EBT if they are currently on SNAP, OWF or Medicaid income eligible
- Community Eligibility Provision (CEP) schools cannot submit any student without a current year free/reduced price meal certification on file
  - High poverty school districts that do not require students to complete f/rp applications to receive free school meals <u>cannot submit every student</u>, <u>as</u> <u>this program is means tested – biggest difference from PEBT.</u>
  - Think Columbus Public Schools, Cleveland Metro Public Schools, Dayton Public etc.



# More on eligibility

- Schools must report only school year 2023-2024 certified students for free or reduced meals, approved through the direct certification process, NSLP application process, or otherwise categorically eligible.
  - Categorical eligibility includes HeadStart, Migrant, Homeless, Runaway students and foster students with current year court documentation.
- Schools can take new free/reduced priced lunch applications through July 31, determine eligibility, and submit student data to Management Council in August. The students had to have been enrolled in the 2023-2024 school year but can be submitted if summer documentation collected shows they are newly eligible for free or reduced meals.
- Categorically eligible families CAN opt-out more to come on how though if asked we encourage families to consider utilizing their card at a SNAP authorized retailer and donating any purchased food.



# Statewide S-EBT application

- Available online on or around 4/15
- Currently only available in English, awaiting an answer on whether or not paper applications will be available
  - OAF is helping with translations updates to follow
- Primarily for households with children attending CEP schools who are not otherwise categorically eligible for free meals (AKA not participating in SNAP, TANF or Medicaid but are income eligible)
- Home school children and children not attending a NSLP school are NOT eligible for summer EBT, regardless of income, UNLESS they are categorically eligible through participation in the above programs



# Supporting S-EBT student eligibility

- Remind households through multiple channels they can apply for free and reduced-price school meal benefits THROUGHOUT the school year – not just in August!
- It is permissible to give the example of S-EBT summer benefits as a push for submitting the f/rp meal application
- Help inform households that if they are already approved for free/rp meals through application they are NOT to submit the statewide S-EBT application or call the hotline for eligibility information – this just clogs the phone!



# WIC 101

## WIC

- Available for pregnant and postpartum persons as well as children under age 5. Non-birth and kinship caregivers can also access WIC for the children in their care (single dads, grandparents, neighbors etc.)
  - With incomes at or below 185% FPL
- WIC also operates on a debit-card like system, though a different card than SNAP
- WIC is not on the Ohiobenefits portal and you have to apply separately, though participation in those programs can make a family adjunctively eligible for WIC
- In addition to the nutrition benefits WIC provides, such as yogurt, formula, eggs, bread, cereal, fruits and vegetables etc. participants have access to nutrition and breastfeeding education, immunization education and more



# Connecting families to WIC & other considerations

- There is no formal "WIC outreach" plan though many SNAP application assistors, head starts, Pathways HUBS etc. informally connect eligible families with WIC.
- Ohio's WIC system can be tricky to navigate since it is offline. Still, worth it for income eligible families and caregivers to supplement SNAP/pantry groceries as Foodbanks typically do not source formula and other foods specific to the nutritional needs of pregnant, postpartum and young children
- WIC is NOT an entitlement program, but a block grant. This means it doesn't have to serve everyone eligible – though historically it has. We are worried about this, this year





# **Questions?**

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